

## **Questions to help determine your college Requirements**

1. Do you want to play volleyball in college?
2. Do you want to try for a volleyball scholarship? DIII cannot give athletic scholarships.
3. What level do you want to play at? DI, DII, DIII, NAIA, Junior College,
4. Do you want to live at home or on campus?
5. Do you want to attend a 4-year college as a freshman?
6. Would you be interested in attending a junior college for 2 years?
7. What major are you interested in?
8. How far from home do you want to be?
9. Do you want to go in state or out of state?
10. Small, medium or large school?
11. State or private school?
12. Christian school?
13. Do you want to live on campus?
14. Do you want to go to a college where your friends are going?
15. Do you want to try for an academic scholarship?
16. Do you want to join a sorority/fraternity?

## **2-Year Timeline for a Graduate**

### Junior Year Winter (Summer/Fall for Boys)

- Club volleyball season
- Decide what you want to do in college, what are your requirements of a college to make it a fit
- Make a list of colleges you are interested in that meet your requirements
- Start communicating with the coaches of the colleges on your list
- Complete on-line student-athlete recruiting questionnaires
- Make phone calls to coaches, send emails, send skills tape
- Continue doing well in school

### Junior Year Spring (Late Spring for Boys; Boys HS season is early Spring)

- Club volleyball season
- Continue communicating with the coaches of the colleges on your list
- Continue doing well in school

### Senior Year Summer

- Volleyball Camps
- Unofficial College Visits
- Narrow down choices, eliminate some colleges
- Continue working out, stay in shape, jump training, weight training
- Continue communicating with the coaches of the colleges on your list

### Senior Year Fall

- HS volleyball season (for Girls; club season for Boys)
- Complete college applications
- Colleges will call your Athletic Director
- Early signing period – Sign now or in the Spring
- Continue doing well in school

### Senior Year Winter

- Club volleyball season
- Continue doing well in school

### Senior Year Spring

- Club volleyball season
- Graduation
- Official visits
- Signing period – Sign now
- Continue doing well in school

### Post Graduation Summer

- Continue working out, stay in shape, jump training, weight training
- Visit your college

## **Recruiting - List of Things To Do**

- Parents, video tape your daughter's matches
- Create a spreadsheet to keep track of the colleges you are talking to. Include information about each college. (Available at Gateway website also)
- Save copies of all emails and letters you send or receive to colleges.
- Final Authorization Signature NCAA Amateurism Questionnaire (in April graduation year)
- Request to have final LHSS transcript sent to NCAA Initial Eligibility Clearinghouse (in May graduation year)
- Subscribe to USA Volleyball online newsletter <http://www.usavolleyball.org/FreeNewsletter/>
- Take the SAT?
- Take the ACT – as many times until you think you have the best score you are going to get – take ACT prep courses, use tutors
- Prepare a resume
- Register with the NCAA Initial Eligibility Clearinghouse - guidance counselor and AD should have these forms.
- Order the NCAA Guide for the College Bound Student Athlete 1-800-638-3731
- September 1<sup>st</sup> of your Sophomore year - college coaches may send you letters or emails; but, no phone calls or IM's. Verify this rule and date each year.
- July 1<sup>st</sup> of your Junior year – coaches may call or IM you. Verify this rule and date each year.
- Register on Rich Kern's Recruiting Registry
- Read Rich Kern's Q&As
- Print several copies of your resume on good paper and in color if your resume has your picture
- Sign NCAA transcript release forms and give to your H.S. guidance counselor – These forms are in the NCAA College Bound Student Athlete handbook
- Register on University Athlete
- Send emails to college coaches who will be attending your tournaments
- Attend Gateway Volleyball Recruiting Seminar
- Purchase 1 year of University Athlete (search for open positions) \$25
- Request to have your high school transcript (after Junior year) sent to NCAA Initial Eligibility Clearinghouse
- Register for summer VB camps
- Update grades on Rich Kern after each semester
- College coaches are likely to visit your home after Nationals
- Complete Prospective Student Athlete Questionnaire (PSAQ) for favorite colleges (ongoing)
- Send emails to colleges, ask if they are recruiting (have a scholarship) for your position in the year you are graduating (ongoing)
- Send college coaches your high school and club schedules (ongoing)
- Update Rich Kern Recruiting Registry, University Athlete, Sign-up to Play (ongoing)
- Narrow down college choices
- Make a list of colleges to visit
- Schedule unofficial visits - call admissions office, schedule visit with VB team
- Go watch local college matches at various levels (Junior college, DIII, DII, DI)
- Talk to the players & coaches after the games
- Schedule official visits - call admissions office, schedule visit with VB team; go to college matches; talk to players & coaches
- Use the Discover program on the Internet to search for colleges with your degree <https://actapps.act.org/eDISCOVER/>
- Make a skills video – brief intro from player, 6-7 min basic skills, 10 minutes game footage
- Register for Financial Aid <http://www.fafsa.ed.gov/>
- Give copies of your resume to your high school and club coaches, so they can give them to college coaches
- Send skills video to college coaches, include a personalized cover letter
- Read the College Bound Student Athlete Handbook – discuss it with your coaches, setup a meeting with you, your parents, athletic director and guidance counselor
- Ask your coaches to write a letter of recommendation or reference letter
- Sign Letter of Intent (early or regular signing period)