

Club Name: Leopold VBC
Club Director: Alissa Vandeven
Email Address: avandeven@semo.edu
Phone Number: 573-576-9497
Year Club Founded: 2015
Club Web Page Link:
Age & Gender of Teams: Girls U15
Waivers Accepted? Yes
Fees:
Locations Used for Practice: Leopold High School gym
Tryout Information:

Club Name: Lions Sports
Club Director: Mike Maurer
Email Address: lionssports@att.net
Phone Number: 314-803-3757
Year Club Founded: 2009
Club Web Page Link:
Age & Gender of Teams: Girls, 13s, 15s, 16s
Waivers Accepted? Yes
Fees: \$750
Locations Used for Practice: Fort Zumwalt School District Gyms
Tryout Information:

Club Name: Maximum Force
Club Director: Matt Kirchoff
Email Address: mkirchoff08@yahoo.com
Phone Number: 314-475-4730
Year Club Founded: 2010
Club Web Page Link: N/A
Age & Gender of Teams: Boys 13 & 16
Waivers Accepted? Yes
Fees: \$250-350
Locations Used for Practice: Rose Acres Elementary (Pattonville Heights on occasion)
Tryout Information: Please check the boy's tryout page for specifics.
Rose Acres Elementary 2905 Rose Acres Drive Maryland Heights, MO 63043

Club Name: Metro East Fire
Club Director: Sara Thomas-Dietrich
Email Address: sarat525@yahoo.com
Phone Number: 6187416051
Year Club Founded: 2006
Club Web Page Link:
Age & Gender of Teams: 13-17
Waivers Accepted? yes
Fees: Around \$900-\$1,000, Club dues include practice gyms, admin costs, tournament entries, registration and coaching stipends
Locations Used for Practice: Belleville, IL Area
Tryout Information: See tryout schedule. \$10 fee

Club Name: Mid State Force
Club Director: Dawn Grosse
Email Address: dawngrosse@yahoo.com
Phone Number: 573-220-0927
Year Club Founded: 1994
Club Web Page Link: N/A
Age & Gender of Teams: Girls 11-17
Waivers Accepted? Yes
Fees: \$250
Locations Used for Practice: Hermann High School/Hermann Middle School
Tryout Information: Please check the girl's tryout page for specifics.

Club Name: Midwest Elite VBC
Club Director: Lisa Havens
Email Address: JL3havens@sbcglobal.net
Phone Number: 636-575-2855
Year Club Founded: 2009 (formerly Elite Gamers)
Club Web Page Link:
Age & Gender of Teams: Boys 12u (1 team); Boys 13-14U (3 teams)
Waivers Accepted? No
Fees: \$800-\$1000
Locations Used for Practice: Affton White-Rodgers Community Center/Pattonville School District
Tryout Information: Oct 23, 7-8:30pm 12-14U at Center St. Louis, 6727 Langley Ave, St. Louis, MO 63123

Club Name: Midwest Fire
Club Director: Ashley Lautner
Email Address: azweinman@gmail.com
Phone Number: 6186232567
Year Club Founded: 2010
Club Web Page Link: <https://www.facebook.com/Midwest-Fire-Volleyball-Club-175006292844273/>
Age & Gender of Teams: Girls 13, 14, 16, 18
Waivers Accepted? depends on turnout
Fees: \$900 (includes uniforms and all training/tournament fess - No hidden fees)
Locations Used for Practice: Belle Valley School
Tryout Information: There is a \$10.00 tryout fee

Club Name: Midwest Heat VBC
Club Director: Rob Rixford
Email Address: heatvolleyball1@gmail.com
Phone Number: (314)698-6287
Year Club Founded: 2014
Club Web Page Link: www.midwestheat.com
Age & Gender of Teams: U14 and U16
Waivers Accepted? NO
Fees: \$800-900 Club fees include admin fees, website fee, gym costs, tournaments, coach registration. Uniforms are separate \$180-\$200.
Locations Used for Practice: Murphy Elementary, South County gyms, Center St. Louis and Cedar Springs Elem.
Tryout Information: \$10 Tryout fee at St. Mathias gym. Please check our website for the 2016 tyout camp form 11/16 6-8 @ St. Mathias Gym and tryout registrati

Club Name: Missouri Fire
Club Director: Christine Champagne
Email Address: mcchampagne@yahoo.com
Phone Number: 314-703-0378
Year Club Founded: 2013
Club Web Page Link: www.mofirevolleyball.com
Age & Gender of Teams: Girls U-15, U-16 & U-18
Waivers Accepted? Will Consider
Fees: \$650 - \$930
Locations Used for Practice: Tryouts and Practices at St. Peters Rec Plex
Tryout Information: Please check the girl's tryout pages for specifics.

Club Name: Missouri Thunder VBC
Club Director: Deb Nicollerat
Email Address: missourithunder@gmail.com
Phone Number:
Year Club Founded: 1993
Club Web Page Link: www.missourithunder.com
Age & Gender of Teams: Boys U10, U15-U18; Girls U11, Girls U14-1U17
Waivers Accepted? Yes
Fees: Please check our website for specifics
Locations Used for Practice: Meyer Center, Bishop DuBourg HS, Goddard (Chesterfield), Affton Rec Center
Tryout Information: \$20 tryout fee. Please check our website for specifics.

Club Name: MO Xtreme
Club Director: Gerry Gruska
Email Address: gerrygruska@yahoo.com.my
Phone Number: 314-614-6939
Year Club Founded: 2014
Club Web Page Link: <https://www.facebook.com/MoExtremeVball/> <http://stratmansports.com/>
Age & Gender of Teams: Girls U17
Waivers Accepted? No
Fees: See club website for details
Locations Used for Practice: Gyms around the St. Louis area
Tryout Information: \$10 tryout fee. Please check our website for specifics, and open gym dates.

Club Name: Motion VBC
Club Director: Joell Webb
Email Address: joellwebb@charter.net
Phone Number: 314-565-1455
Year Club Founded: 2015
Club Web Page Link: www.motionvbc.com
Age & Gender of Teams: Girls U15, U17, U18
Waivers Accepted? No U15, No U17, yes U18
Fees: \$850 for club dues; Club dues include uniforms, practice gyms, coaches fees, local tournament entries, registration
Locations Used for Practice: Fort Zumwalt South MS, 300 Knaust Rd, St. Peters, MO 63376; 15U: Tue & Thurs: 6:30-8pm, 17&18U: Tue & Thurs: 8-9:30pm
Tryout Information: \$10 tryout fee with 2 cans of food donation to St. Vincent De Paul, \$15 if no donation. November 19, 2016, 15U from 10-11:30am, 17&18U f

Club Name: MOVA - Missouri Volleyball Academy
Club Director: Lilith Puckett
Email Address: [508 Pelican Cove Drive Apt 8](mailto:508PelicanCoveDriveApt8)
Phone Number: 314-680-4068
Year Club Founded: 2013
Club Web Page Link: www.movavolleyball.com
Age & Gender of Teams: 11u - 18u - Girls & 13u Boys & 16u Boys
Waivers Accepted? NO
Fees: Varies by age group. Contact club director.
Locations Used for Practice: Gametime @ St Peters & Lamborghini Center
Tryout Information: Cost \$15.00 for Girls and Boys

Club Name: N10sity Volleyball Club
Club Director: Jeff Horvath
Email Address: n10sityvbc@gmail.com
Phone Number: 636-448-7512
Year Club Founded: 2012
Club Web Page Link: <https://www.facebook.com/N10sityVBC/>
Age & Gender of Teams: Girls U14
Waivers Accepted? Yes
Fees: \$775
Locations Used for Practice: Wentzville School District
Tryout Information: **OPEN GYMS** Wed Oct 19th & Wed Oct 26th 7:30-9 PM** **TRYOUTS** Sat Oct 29th 2-4 PM** St. Theodores Flint Hill, MO **\$10 fee for each

Club Name: Natural Disasters Volleyball Club
Club Director: Kelly Sulkowski
Email Address: ksulkowski@stegen.k12.mo.us
Phone Number: 573-535-4103
Year Club Founded: 2004
Club Web Page Link: <https://sites.google.com/a/stegen.k12.mo.us/natural-disasters-vbc/>
Age & Gender of Teams: Girls 10s-17s
Waivers Accepted? Yes
Fees: \$200
Locations Used for Practice: Ste Genevieve Middle School gym
Tryout Information: Please check the girl's tryout page for specifics.

Club Name: NetForce VBC
Club Director: Manon Kuntz
Email Address: NetForceVolleyballClub@gmail.com
Phone Number: 314 605 3203 Vicki Kuntz
Year Club Founded: 1999
Club Web Page Link: <https://www.facebook.com/NetForceVBCMO>
Age & Gender of Teams: Girls 12-18's
Waivers Accepted? some
Fees: \$600-850 depending on number of players and location of practice
Locations Used for Practice: St Theodore catholic school, Wentzville United Methodist, Ft Zumwalt Dubray Middle School
Tryout Information: \$10 tryout fee.. Please see our Facebook page for specifics, and open gym information.

Club Name: Northside Spikers
Club Director: Robin Yuede
Email Address: Robin.Yuede@fhdschools.org
Phone Number: 636-851-5104
Year Club Founded: 2005
Club Web Page Link: N/A
Age & Gender of Teams: 12s-14s
Waivers Accepted? Yes
Fees: avg. \$400
Locations Used for Practice: Francis Howell School District
Tryout Information: Please check the girl's tryout page for specifics.
We require you live within the Francis Howell North boundaries.

Club Name: Northwest Cat Attack
Club Director: Debra Fortner
Email Address: drfvball@yahoo.com
Phone Number: 314-581-1818
Year Club Founded: 2002
Club Web Page Link: [n/a](#)
Age & Gender of Teams: 12s, 13s, 15s, 16s
Waivers Accepted? yes at 12s
Fees: \$600-\$800 Fees include practice gym, admin cost, local tournaments, uniforms, and coaching stipends.
Locations Used for Practice: Northwest High School Cedar Hill Mo
Tryout Information: \$10 tryout fee. Tryouts will be at Northwest High School

Club Name: Panathinaikos Volleyball USA
Club Director: Sasa A. Vasiljevic
Email Address: svasiljevic@paousa.com
Phone Number: 314-680-2667
Year Club Founded: 2012
Club Web Page Link: www.paousa.com
Age & Gender of Teams: Girls U8-U18
Waivers Accepted? No
Fees: Please visit website for cost breakdown and information.
Locations Used for Practice: Lamborghini Athletic Centre; 49 Lawrence Street, St. Charles, MO 63301
Tryout Information: \$10 tryout fee. Please check our website for specifics and open gym dates.

Club Name: Panther Attack VBC
Club Director: Kara Dell-Hunt & JoEtta Bright
Email Address: pantherattackvbc@gmail.com
Phone Number: 618-830-0895
Year Club Founded: 2013
Club Web Page Link: N/A
Age & Gender of Teams: Girls 11-15
Waivers Accepted? Yes
Fees: \$400-\$600 depending on the number of tournaments/fundraising available
Locations Used for Practice: Millstadt Primary Center and Bluffview Elementary (Dupo)
Tryout Information: Please check the girl's tryout page for specifics.

Club Name: PVA-Panther Volleyball Academy (Formally Gravity VBC)
Club Director: Tom Ackerman
Email Address: Tom.ackerman@greenville.edu
Phone Number: 618-664-6509
Year Club Founded: 2004
Club Web Page Link: www.panthervolleyballacademy.com
Age & Gender of Teams: 13-18
Waivers Accepted? Yes, for 13s and 14s only
Fees: 13s and 14s \$450, 15s and 16s \$750, 17s \$850, 18s \$950
Locations Used for Practice: Greenville College
Tryout Information: Please check the girl's tryout page for specifics.

Club Name: Parkway Lightning Volleyball Club
Club Director: Dan Smith
Email Address: dsmith6151@hotmail.com
Phone Number: 314-291-8567
Year Club Founded: 1995
Club Web Page Link: <http://www.parkwaylightningvolleyball.org/page/show/870848-home-of-parkway-lightning-volleyball-club>
Age & Gender of Teams: Girls 12U through 17U
Waivers Accepted? Yes
Fees: Please check the PLVC website for Club Fee Details
Locations Used for Practice: Parkway & Pattonville middle schools, Pattonville Drummond Elementary, St. Johns United Church of Christ, Meramec Community College .
Tryout Information: \$20 tryout fee. Please check our website for specifics, and open gym dates.

Club Name: Pioneer VBC
Club Director: Megan Durham
Email Address: mcb0304@gmail.com
Phone Number: 636-751-4930
Year Club Founded: 2016
Club Web Page Link:
Age & Gender of Teams: Girls U 10's-13's
Waivers Accepted? Yes
Fees: \$550
Locations Used for Practice: Duchesne High School
Tryout Information: U10/U11 will be from 11:00am-12:30pm, U12/U13 will be from 12:30pm-2:00pm. Both tryouts will be held at Duchesne High School. Try out f

Club Name: Power VBC
Club Director: Amy Reese
Email Address: amy.reese@att.net
Phone Number: 314-495-2930
Year Club Founded: 2013
Club Web Page Link: <https://www.facebook.com/powervbc/>
Age & Gender of Teams: Girls 12, 13, 16 and boys 14, 18
Waivers Accepted? yes
Fees: Please see FB page for current information
Locations Used for Practice: Pattonville Heights Middle in Maryland Heights
Tryout Information: see tryout schedule for boys and girls \$10 fee

Club Name: PowerForce Volleyball Club
Club Director: BruKelle Lee
Email Address: powerforcevbc@gmail.com
Phone Number: 314-675-0178
Year Club Founded: 2014
Club Web Page Link: www.powerforcevolleyball.com
Age & Gender of Teams: Girls 12-18
Waivers Accepted? Yes
Fees: \$500
Locations Used for Practice: Hazelwood East High
Tryout Information: Please check the girl's tryout page for specifics.

Club Name: Pursuit Volleyball Club
Club Director: Julie Brandmeyer
Email Address: pursuitvolleyball@hotmail.com
Phone Number: 573-382-3435
Year Club Founded: 2004
Club Web Page Link: www.pursuitvolleyball.org
Age & Gender of Teams: Girls 12's-17's elite
Waivers Accepted? Yes
Fees: \$500-\$950
Locations Used for Practice: Osage Center & Shawnee Park Center- Cape Girardeau, MO
Tryout Information: \$12.00 Tryout fee

Club Name: Quick VBC STL
Club Director: Dennis Nosco
Email Address: dnosco@hotmail.com
Phone Number: 314-550-9420
Year Club Founded: 2014
Club Web Page Link: <http://www.eteamz.com/quickvbcstl/>
Age & Gender of Teams: female: grade school ages
Waivers Accepted? No
Fees: \$100-\$400 after fundraisers
Locations Used for Practice: North St. Louis County
Tryout Information: Please check the girl's tryout page for specifics or go to club webpage.

Club Name: R.A.V.E. (Rolla Area Volleyball Enthusiasts)
Club Director: Duane Simmons
Email Address: duane@ravevolleyball.com
Phone Number: 573-368-9601
Year Club Founded: 2007
Club Web Page Link: www.ravevolleyball.com
Age & Gender of Teams: Girls 11- 18
Waivers Accepted? Depends on teams available, usually yes
Fees: @ \$350.00
Locations Used for Practice: Rolla High School, Salem Ave. Baptist Church
Tryout Information: Please check the girl's tryout page for specifics.

Club Name: RC Flyers
Club Director: Rick Rankin
Email Address: radiorick@charter.net
Phone Number: 618-978-4071
Year Club Founded: 2010
Club Web Page Link: www.rcflyersvolleyball.com
Age & Gender of Teams: Girls 11-18
Waivers Accepted? No
Fees:
Locations Used for Practice: various gyms in Madison and Clinton County, Illinois
Tryout Information: Please see Website

Club Name: Riverfront Volleyball Club
Club Director: Caren Kemner
Email Address: riverfront.athletics@gmail.com
Phone Number: 217-228-0960 ext 207
Year Club Founded: 2009
Club Web Page Link: www.riverfrontathletics.com
Age & Gender of Teams: Boys/Girls: U10 – U17
Waivers Accepted?
Fees:
Locations Used for Practice: K&L Arena, 1600 N 43rd, Quincy, IL 62305
Tryout Information: Please check the boy's or girl's tryout pages for specifics.

Club Name: Rockwood Thunder VBC
Club Director: Gretchen Moser / Shane Weber
Email Address: gmoser110@aol.com
Phone Number: 314-651-7542
Year Club Founded: 1999
Club Web Page Link: www.rockwoodthundervbc.com
Age & Gender of Teams: Coed U6/7, U8, U9, U10, and Outdoor Programs, Competitive U10-U18 Girls Teams, U12 Boys Team
Waivers Accepted? No
Fees: see club website: rockwoodthundervbc.com
Locations Used for Practice: various Rockwood School District schools
Tryout Information: Please check the boy's or girl's tryout pages for specifics. or www.rockwoodthundervbc.com for more information. Tryout fee \$15

Club Name: Rose Volleyball Club
Club Director: Gary Rose
Email Address: garyrose73@yahoo.com
Phone Number: 636 734-8273
Year Club Founded: 2010
Club Web Page Link: www.rosevbc.com
Age & Gender of Teams: Girls 13U and 14U
Waivers Accepted?
Fees: Estimate \$900 per team which covers everything needed.
Locations Used for Practice: Immanuel Lutheran Grade School in St. Charles, MO and Orchard Farm facilities.
Tryout Information: Tryouts will be held on Saturday, 29 October from 1:00 - 4:00 @ Immanuel Lutheran Grade School in St. Charles, MO. Bring a Junior Tryout Information Registration and Waiver Form (found on the Gateway website under Publications) signed by a parent or guardian and a \$15 fee. Please check our website for open gyms information, thanks!

Club Name: Route 3
Club Director: Julie Dooley
Email Address: dooley.julie@gmail.com
Phone Number: 618-719-9419
Year Club Founded: 2013
Club Web Page Link: N/A
Age & Gender of Teams: Girls 14s, 15s, 16s & 17s
Waivers Accepted? Possibly
Fees: \$400 - \$500
Locations Used for Practice: New Athens, IL or Waterloo, IL
Tryout Information: Please check the girl's tryout pages for specifics.